

APPALACHIAN PSYCHOANALYTIC SOCIETY

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A Local Chapter of the Division of Psychoanalysis of the American Psychological Association
presents

Do Ethics Require Evidence-Based Practice? Is It Even Possible?

Vance Sherwood, PhD, and Annette Mendola, PhD



**Saturday, September 12, 2015
8:30am-12:15pm**

Fort Sanders Regional Medical Center
Classroom #5, Fifth Floor
1901 W. Clinch Avenue
Knoxville, TN 37919

Schedule

8:30 am Registration and Breakfast
9:00 am Presentation and Discussion on Ethics
10:30am Break
10:45am Continue Presentations and Discussion
12:15pm Complete Evaluations and Adjourn.

Educational Objectives

After attending this introductory seminar, participants will be able to:

- 1) Describe the origins and principles of evidence-based medicine and the nature of evidence itself.
- 2) Describe how problems with statistical power, funding bias, and publication bias have undermined the internal validity of research in psychotherapy and pharmacotherapy.
- 3) Discuss how external validity is affected by the nature of our psychiatric diagnostic categories and the absence of clear prognostic trajectories.
- 4) Describe the limits of measurement (quantifying) in studying human experience and discuss the ramifications of this for the use of "evidence-based practices" in psychotherapy.
- 5) Critically examine whether research on the practice of psychotherapy and the effectiveness of psychotropic medications meet current ethical principles and standards.

Description of Program

Dr. Sherwood will outline the basic principles of evidence-based medicine along with a discussion of the nature of evidence in science, with an emphasis on the importance of selection procedures as a hedge against bias. Attention will then turn from evidence in medicine to research in psychotherapy and psychoactive drugs to determine whether these areas of research have been able to protect both internal and external validity. The program suggests that problems with selection procedures in psychotherapy and pharmacological research have undermined internal validity to the point that research findings no longer meet the definition of evidence. Many studies fail to meet the American Psychological Association's ethical standards (2.04, 8.10) regarding competence and the scientific bases for professional work such that reports of these studies may be misleading. Hence, much of what is published as evidence-based research may, in fact, be unethical. Furthermore, the absence of clearly defined diagnostic categories and prognosis make external validity impossible. Dr. Sherwood concludes that there is no such thing as evidence-based practice in the mental health disciplines. Dr. Sherwood further asserts that research cannot succeed as long as the only allowable evidence is quantifiable or measurable. Dr. Mendola will discuss the interface of scientific principles, research, psychotherapy, and ethical practice. Participants are invited to bring comments and questions based on their own readings of the American Psychological Association's Ethical Principles of Psychologists and Code of Conduct as well as Tennessee Code Annotated Title 63, Chapter 11, and the Rules and Regulations of the Board of Examiners in Psychology.

Presenters

Dr. Vance Sherwood is a clinical psychologist in private practice in Knoxville. He has been a featured speaker at conferences from coast to coast and has made multiple presentations in the Knoxville area. Dr. Sherwood has authored several articles on primitive personality disorders. He has also co-authored two books with the late Charles P. Cohen on treating borderline patients, and he has a third book on treating out-of-control adolescents.

Dr. Annette Mendola received a PhD in Philosophy, concentrating in Medical Ethics, from the University of Tennessee in 2003. She taught in the Philosophy department as a lecturer prior to taking a position as Director of Clinical Ethics at UTMCK in 2011. In that capacity, she regularly offers presentations on a variety of topics related to ethics and healthcare. This is Dr. Mendola's third appearance as an APS presenter on ethics.

Participants: This program is open to all APS members and other interested mental health professionals who may not be members. It is not limited to individuals practicing in a predominately psychoanalytic mode. The material will be appropriate to introductory levels of practice and knowledge.

Fees and Policies

For Members and Scholars:

\$45 by September 6, 2015,
\$60 after September 6, 2015.

Non-members: \$60

Free to *Early-Career Professional and Graduate Student Members*, but please email Rich Adlin, PhD at richadlin@gmail.com to communicate your intent to attend.

Although walk-ins will be accepted, please register online at www.aps-tn.org in advance.

Refunds honored with written notice at least 24 hours before date of seminar (also contact Rich Adlin, PhD at richadlin@gmail.com or 865-680-2774).

Contact either of the APS Co-Presidents Beverly Gibbons, PhD at 865-694-7859 (bevgibbons@comcast.net) or Diane Humphreys-Barlow, LCSW at 865-546-0447, ext. 2 (dhbaps@gmail.com), to negotiate fees, if needed.

Facility is accessible to persons who are physically challenged. Reasonable accommodations will be made for persons requesting them.

APS Membership: Until September 6th, eligible professionals can join APS or renew their membership for the 2015-2016 program year for \$60. After September 6, the membership fee is \$70. Scholars can join for \$40 until September 6; the fee will be \$50 thereafter. For Early Career Professionals, the membership fee is \$25 until September 6, at which time the fee increases to \$35. Graduate students may join or renew for \$15 by September 6 and for \$25 thereafter.

Continuing Education: This program, when attended in its entirety, is available for 3.0 continuing education credits. With full attendance and completion of a program Evaluation and Learning Assessment, a certificate will be issued. Psychologists will have their participation registered through Division 39. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content.

This program is designed to meet the requirement for psychologists licensed in the state of Tennessee to obtain continuing education in ethics and the law. For further information, please refer to the Rules and Regulations of the Tennessee Board of Examiners in Psychology.

See <http://www.apa.org/ethics/code/index.aspx> for the American Psychological Association's Ethical Principles of Psychologists and Code of Conduct.

<http://www.lexisnexis.com/hottopics/tncode/> for Tennessee Code Annotated, Title 63, Chapter 11.

<http://www.tn.gov/sos/rules/1180/1180.htm> for an Official Compilation of the Rules and Regulations of the State of Tennessee, Chapters 1180-1, 1180-2, 1180-3, and 1180-4.

APS Contact: APS and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. APS and Division 39 are also committed to accessibility and non-discrimination in continuing education activities. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address requests, questions, concerns and any complaints to Rich Adlin, PhD, at richadlin@gmail.com or 865-680-2774.

There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, program content, research, grants or other funding sources that could reasonably be construed as conflicts of interest. During the program, the validity/utility of the content and risks/limitations of the approaches discussed will be addressed.

Questions? Contact either of the APS Co-Presidents: Beverly Gibbons, PhD at 865-694-7859 or Diane Humphreys-Barlow, LCSW at 865-546-0447, ext. 2.