

Appalachian Psychoanalytic Society

A Local Chapter of the Division of Psychoanalysis of the American Psychological Association

www.aps-tn.org

presents a 2015 Fall Conference with

Sandra Buechler, PhD

on

Developing Clinical Wisdom

Saturday, November 21, 2015 - 8:30am to 4:30pm

SCHEDULE:

8:30am	Registration and Continental Breakfast
8:50am	Welcome and Introduction
9:00am	What is Clinical Wisdom?
10:30am	Break with Refreshments
10:45am	Nurturing Clinical Wisdom
12:15pm	Lunch (at conference center)
1:15pm	Clinical Wisdom with Schizoid and Paranoid Coping Styles
2:45pm	Break with Refreshments
3:00pm	Clinical Wisdom in Response to Patients' Losses and Depression
4:30pm	Complete evaluations and adjourn.

PROGRAM DESCRIPTION:

This conference begins with a discussion of the concept of "clinical wisdom." What are the wellsprings of the insights that nourish a session? How can we foster their development in ourselves and those we teach, supervise, and treat? After general comments on clinical wisdom, Dr. Sandra Buechler will specify the strengths the clinician calls upon with patients who cope with life using schizoid and paranoid defenses. She will then emphasize the clinical wisdom we call upon to help patients suffering from losses. Dr. Buechler will illustrate each topic with clinical vignettes and excerpts from the short stories that she finds inspiring.

EDUCATIONAL OBJECTIVES:

After attending this introductory-to-advanced-level program in full, participants will be able to:

1. Describe the concept of clinical wisdom and its impact on the treatment of patients.
2. Implement ways in which we can enhance our own clinical wisdom as therapists in order to better understand and support our patients.
3. Describe ways we can develop the capacity for clinical wisdom in our patients so they can better understand their own experience.
4. Clinically apply the concept of clinical wisdom in different ways, depending on the patient's coping style.
5. Describe how clinical wisdom in short stories can be utilized by the clinician.
6. Apply the concept of clinical wisdom to working with patients who have experienced severe loss.

PRESENTER:

Sandra Buechler, PhD is a Training and Supervising analyst and graduate of the William Alanson White Institute. Her book, [Clinical Values: Emotions that Guide Psychoanalytic Treatment](#) (2004) examines hope, courage, and other values. [Making a Difference in Patients' Lives: Emotional Experience in the Therapeutic Setting](#) (Routledge, 2008) discusses therapeutic process. [Still Practicing: The Heartaches and Joys of a Clinical Career](#) (Routledge, 2012) examines clinicians' shame, sorrow, and resilience. [Understanding and Treating Patients in Clinical Psychoanalysis: Lessons from Literature](#) (2015) uses short stories to illuminate coping styles.